

WINTER 2018

THE VOICE

CHRIST FOR THE NATIONS



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THE VOICE WINTER 2018 ISSUE #799

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SOCIAL MEDIA

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f BibleSchool

MEET THE VOICE

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Freda Lindsay (1973-2008)
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Christ For The Nations *THE VOICE* Magazine is an interdenominational quarterly publication that seeks to encourage the unification of God's people, especially in efforts of mass evangelism, by reporting remarkable testimonies of healing and deliverance, and promoting sound teaching, deep spirituality and humility. Christ For The Nations Inc., a nonprofit organization, publishes this magazine under the laws of Texas. The editorial offices are located at: 3404 Conway St., Dallas, Texas 75224. For advertising, email managingeditor@cfni.org.

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Christ For The Nations' mission is to impact humanity with the gospel of Jesus Christ.



COVER DESIGN STORY:

Jesus humbled Himself and came to the earth in the likeness of humankind. People had a hard time perceiving Him as King. Sometimes the gold is not obvious, but underneath the surface, you will find it.

The Prince of Peace

"And His name shall be called . . . Prince of PEACE" (Isaiah 9:6, NKJV).



Kiplin Batchelor

Institute Administrator
Executive Affairs Liaison
CFN Magazine Managing Editor

As we reflect on and celebrate the significance of Christ during this Christmas season, we are thankful that the Word became flesh and lived among us. At a time when conflict, tension and chaos often characterize

our political and cultural landscape, the angel's message to the virgin Mary is as relevant today as it was over 2000 years ago.

When Gabriel told Mary, "His name shall be called ... "Prince of Peace" against the backdrop of imposing Roman soldiers, a despotic King Herod and religious tension in the society, the announcement of "peace" must have been a welcoming alternative to a society immersed in conflict. She must have wondered how her child would bring peace to all the opposing forces at work in Israel and the world.

Jesus not only saves people from sins, He is the Prince of Peace! He brings peace to people, situations and conversations that threaten unity, love and harmony in life. Christ brings an infusion of, not earthly peace, but divine peace that calms hearts, removes fears, strengthens resolve, and heals broken hearts. Yet we have to be careful not to

assume the absence of peace simply because of the presence of obvious conflict. Interestingly, Jesus was born in, grew up within and did ministry under Roman occupation—Peace lived under tyranny! Jesus' peace really goes deeper than the absence of external conflict. He goes deep into our hearts and enthrones His peace so that we can live without anxiety and frustration. His peace brings internal confidence and hope in God.

It is comforting that Jesus' peace deals with external issues as well. Our Prince of Peace brings an end to turmoil, conflicts, fighting and wars of all types—the Roman Empire eventually fell! His peace not only heals hearts, but ends oppressive external forces so that we can live and enjoy life in freedom as we do in America. As you share this wonderful Christmas season with friends and family, I encourage you to let peace reign in your hearts. Bring His peace to situations and people that you encounter.

Thank you again for sharing in our 70th anniversary celebrations this year, whether you came to one of our events, watched online or read our magazine. We had fun researching CFNI's history and highlighting the future with some new and interesting updates. From all of us here at CFNI, have a wonderful Christmas season with your friends and family!



HOW TO GIVE TAX DEDUCTIBLE DONATIONS

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MAILING ADDRESS

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PLEASE REMEMBER TO INCLUDE US WHEN YOU PREPARE YOUR WILL OR DO ESTATE PLANNING.

CALENDAR

THE VOICE WINTER 2018 ISSUE #799



DECEMBER

12/11

FMC Licensing & Ordination

12/14

Commencement: Mark Barclay

12/14

Night of Worship



JANUARY

1/11

Night of Worship

1/14

Opening Rally



FEBRUARY

2/6-8

Campus Days

2/8

CFNI's Live Worship Recording

2/15

Night of Worship

SPRING SEMESTER SPEAKERS LINE UP

Dr. Dennis Lindsay

Fred Markert

Stacey Campbell

Will Ford

Matt Sorger

Onterio Green

Tim Dilena

Scott Boney

Keir Tayler

and more...

*For more information
on upcoming speakers,
visit: cfn.org/events/*



Annual
**Live
Record
ing**

Christ For The
Nations Worship

44TH

HEBREWS 12:28-29 †

≡
2019

8th
February
7pm

INSTITUTE BUILDING AUDITORIUM
3315 Conway St. Dallas Texas 75224
For more info, visit CFNWorship.com



70TH CHRISTMAS AT ORDINARY CFN

• By Dennis Lindsay

There is one word that describes the night that Jesus came to Bethlehem, “ordinary.” The sky was ordinary, the shepherds were ordinary, their sheep were ordinary, the clouds floating in the sky were ordinary, and the twinkling stars were ordinary. Yes, it was a peaceful night but not necessarily a special night different from any of the other nights. There was no reason to expect a surprise. It was an ordinary night with ordinary sheep and shepherds on an ordinary hillside in Bethlehem.

The shepherds were probably peasants wearing the only clothes they owned and were smelling like sheep and about to spend the night with their flock. You will not find any of their belongings in a museum or anything they wrote in a library. They were nameless, modest and ordinary.

Suddenly, the dark sky exploded with brightness as angels abruptly appeared and began an angelic chorus unheard of by common people. God likes to surprise ordinary people with extraordinary wonders. God loves to amaze His ordinary children with unimaginable marvels through His creative power. The night was no longer an ordinary night.

Had God first approached theologians, they no doubt would have had to consult their commentaries. Had God visited the prominent of society, they would have quickly searched to see if anyone was watching, and finally, had God visited the successful, they would have had to check out their calendars. Such is the case with people of society, even today.

Amazingly, God chose the shepherds who were the meek of society and who didn’t have a reputation to protect, an axe to grind or a ladder to climb. They were men who didn’t know that angels aren’t supposed to sing to sheep and shepherds, and that the Messiah isn’t supposed to be sleeping in a food trough for animals.

Today, you can visit the traditional site where the Messiah was born in Bethlehem. It is within a simple chapel built over a cave that may have sheltered sheep at one time.

Nevertheless, the ordinary night was no longer an ordinary night once the King of Glory visited the scene. Yet, for all who enter the chapel in Bethlehem there is one stipulation that all must observe. To enter, you must stoop. The door is so low that you cannot enter standing up. The same is true when one enters the presence of Jesus Christ. One can see the world while standing tall, but to witness the Savior one has to get on bended knees.

This truly is the story of Christ For The Nations. Seventy years of ministry have been led by ordinary people. There have been no famous, charismatic leaders or professional fundraisers. Dad was an ordinary man whom God used to launch a ministry that reaches around the world and he looked for ordinary men and women who would assist him. One ordinary woman who came alongside of him was his wife, Freda Schimpf.

Mom was born in Canada in a mud-brick home with a thatched roof and 11 siblings. She was not known for being an eloquent communicator but had a great work ethic. She lived on the CFN campus in a two-bedroom apartment for 39 years. Mom was a simple woman of faith whom God used to lead CFN for some 60 years, 40 of which were after Dad graduated to heaven.

Ordinary leaders with ordinary employees are the reason God has graciously blessed CFN for 70 years. But even more amazing is that CFN has primarily been supported by the “widow’s mite.” People who, by and large, were simply common givers and supporters of the ministry. This is truly the great miracle of the ministry of CFN. It is true that every so often we receive an unexpected visit from above—like the shepherds in the field during Christmas—and God blesses the ministry with an unexpected, large donation. But, most often, CFN has been supported by the prayers and gifts of ordinary people and we thank all of God’s people who faithfully, Christmas after Christmas, remember this ministry of the gospel. Yes, CFN has a rich history of the unexpected. We love the ordinary people and we love the extraordinary King of Glory.

SACRED LEGACY

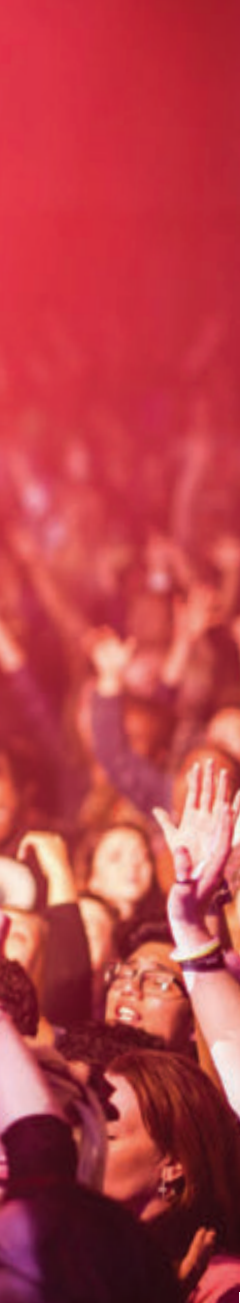
A large crowd of people, mostly young adults, are shown from the chest up, filling the frame. They are all looking upwards and have their hands raised in a gesture of praise or worship. The lighting is warm and slightly dim, creating a focused and intimate atmosphere. The background is a soft, out-of-focus glow of light, suggesting a stage or a large indoor space.

• By George Reninger

Growing up, I saw my dad on his knees praying in the early mornings. We had family devotions before school, singing together as my mom played guitar. My father would then read the Bible and prayed God's blessing over our day. Amazingly, the neighborhood kids would come over to join with us before the bus arrived.

I graduated university with honors and went on to work as a Systems Engineer for Fortune 500 companies until I felt God's conviction and call on my life for more. My best friend and I attended

a Christ For The Nations Banquet Tour, featuring their *Living Praise* worship team, and that was when I knew CFNI was where God wanted me to be. When I came home to tell my Dad that I was leaving my profitable IT career to go to CFNI, he rejoiced and proceeded to tell me that so many of the books I saw him reading over the years, as well as the songs we sang in the mornings, had all come from Gordon Lindsay and his legacy that lived on at that very same Bible school. I didn't realize it until he told me, but I was laying claim to a portion of my inheritance from my father's spiritual storehouse that he'd been filling for so many years.



At CFNI my core beliefs, like the forging of a saber, were fired up and hammered out. I learned how to study through seeming contradictions to find that narrow way of God's extravagant lovingkindness and His uncompromising truth. I found brothers and sisters from very diverse backgrounds who became united to see His Kingdom come and His will be done on earth as in it is in heaven. **It was like a spiritual boot camp for Kingdom "Marines"** and I found myself established in Jesus Christ declaring the spiritual equivalent of "Semper Fi."

I graduated from CFNI class of 1990 and since then I've traveled to some 45 nations, both ministering and developing businesses globally. I've worked with heads of state and the wealthy from various religions, as well as the sick and poorest of the poor in nations where many are regularly and ruthlessly slaughtered for their Gospel faith. I've earned and reinvested millions of dollars into these markets and the people by sharing the Gospel in a "Joseph-like" marketplace context. CFNI was a key training ground for all I have experienced and accomplished. My father's and my spiritual legacy has continued in my eldest son, who graduated from CFNI in 2015. His faith is now his own.

I would like to ask everyone reading this article to consider their own natural and spiritual legacy. Do you have one? If not, what kind of legacy do you want to leave? Has God been speaking to you as the old song says, "the cross before me, the world behind me!" The sands of time have fallen to us. God wants you and is sending out draft notices for young and old to enlist anew in His army. Which semester will you or someone you know

report for duty to attend CFNI training? Or are you a "Joseph" in your generation with unique marketplace skills and ministry calling that, beyond strategic training, deeply desire those spiritual Semper Fidelis relationships that will understand your calling and will stand with you for a lifetime?

Or are you one who has been blessed financially and are looking to invest those entrusted, significant resources for maximum eternal returns?

WHAT KIND OF LEGACY DO YOU WANT TO LEAVE?

This spiritual equipping school was birthed from the very heart of God through the life and generations of the Lindsay family. From them and their children, to my late father, and to me, and now on to my own children... and perhaps yours, His Kingdom advances.

GO TO THE LINK BELOW TO ENROLL AT CFNI
AND/OR LEARN HOW YOU CAN GIVE TO CFNI
AND BUILD ITS SCHOLARSHIP ENDOWMENT
FUND FOR THIS AND FUTURE GENERATIONS.

▶ [APPLYTOCFNI.ORG](https://applytocfni.org)
▶ [CFN.ORG/GIVE](https://cfn.org/give)



2018 ENVISION GALA REPORT

• *By* Michael Massa

The 2018 Christ For The Nations Envision Gala was a wonderful blend of continuity and newness. Celebrating the 70th anniversary of the ministry, we remembered the faith of Gordon and Freda Lindsay's trailblazing life together and then were impacted by the fresh passion of their grandson, Golan Lindsay, who is serving as Chief Operating Officer. As he shared his passion for the Lord's presence, his humble and fiery heart caused all of us to 'amen' the Lord's hand on him to lead the ministry into the future.

A few hundred gathered in a lovely ballroom overlooking downtown Dallas to remember and renew the vision of the Lord for Christ For The Nations. From the beginning, there was a spirit of life and love permeating each heart. Food, special music and fellowship were wonderful as young and more seasoned lives merged their hearts to thank the Lord for His faithfulness.

The historic video of the Lindsays' ministry displayed the wisdom and courage in which they walked. As the black and white images montaged across the screen, you could not help being impressed by their life of faith. That foundation is being continued in the new leadership of Golan.

Two highlights of the evening stand boldly in my memory. First, there is an amazing opportunity the ministry is

moving into. CFN has a building to start a Bible training center in Jerusalem. This facility will serve leaders from around the world to come and study in Israel. The historic trajectory of the ministry has paralleled God's prophetic destiny for Israel from its roots. CFN was birthed the year Israel was re-established as a nation. The timing of this amazing miracle and the prospect of touching the nations from Jerusalem is a strategic bull's-eye for God's agenda. Once again, we see the Lord connecting CFN and Israel's destiny with His purposes.

Secondly, the word given by Dr. Kenneth Copeland was powerful. He has been a long-time friend of the Lindsays, and he specifically renewed his loyalty to the ministry that night. He ministered from his faith-filled legacy in the Word of God, and prophesied, "It is time!" to step into this opportunity to plant the training center in Israel. This compelling message was given by an 82-year-old. He did it with the energy of a 30-year-old. He struck all of us with the strength of his faithfulness to the Lord's Word and the current relevance of his passion.

Christ For The Nations has a strong foundation in the Lord. The ministry has stood the test of time when many have faded away. The prospects for its future are strong as we witnessed the current leadership of Golan's heart pursuing the Lord. The purpose of this evening was to 'en-vision' us. Mission accomplished!



Top three: Golan Lindsay, Dr. Copeland, Dr. Dennis and Ginger Lindsay at CFN's 70th anniversary celebration.
Bottom right: CFNI Jerusalem building renovation project.

MAY 13TH - 25TH

TOUR 2019



BRINGING YESHUA TO
Israel



GO TO CFN.ORG/ISRAELTOUR FOR MORE INFORMATION
OPTIONAL DEPARTURE DATE AND EXTENSION TOUR TO JORDAN AND NORWAY



DIVINE CONNECTION

• By Thao Nguyen

In April of 1981, when I was only 17 months old, my parents and I left our home in Saigon, Vietnam, in a small, wooden fishing boat to escape the war. Crammed with 69 other people, food and water were scarce. On the fourth day in the South China Sea, we were attacked by pirates who destroyed our engine motor and took all our belongings. These pirates were known to kill and torture, but they quickly left. Stranded, everyone started to pray. The boat captain looked up and saw a U.S. Navy ship, the U.S.S. John Young, which came and rescued us. My family and I stayed in two refugee camps before relocating to Dallas, Texas, where we have lived ever since.

In 2014, while serving on a mission trip in the Transylvania region of Romania, I received salvation in a small, mud home. I thought about some CFNI graduates in my church – they were people of good character. While on the plane coming back from a mission trip in South Africa, my mission trip leader said CFNI had just launched a Creative Media Major. When I heard this, I knew God was calling me to go. I applied and started the program in August 2016. **Being at CFNI is a transforming experience. I love the international students at this school.** I love hearing their testimonies and how God can meet you wherever you are no matter the circumstance. We are all from different places with different backgrounds, but we serve the same God.

I have gone on two separate mission trips with CFNI to Southeast Asia and the leadership was outstanding. The group of thirty students that I went with were like family. **CFNI has given me opportunities to step out of my comfort zone and trust in the Lord.** Last semester, my parents surprised me by coming to hear me preach for my homiletics class. After I finished, my dad hugged me in front of the entire school. I will never forget what he did because when I first told my parents about CFNI, they were not familiar with the school and were concerned that I was quitting my nursing career. They were afraid I would start something and not finish it. I knew God wanted me to go so I enrolled and moved to live on the campus. This is one reason why my dad's hug was so important to me! I am a nurse on the weekends and attend school during the week. Because of CFNI, I can be confident and bold to share the Gospel and pray over people whether I am at work or with friends. One time, I was in line at a Target store and prayed over the cashier. She was surprised but was truly touched.

I am currently in my fifth semester at CFNI as a Creative Media Major student. I love helping people by using media to share their stories. After I graduate in May 2019, I hope to travel more so I can share the love of Jesus through photography, videography, and writing. My main focus is for women to know their worth.



WOUNDED BUT NOT FORGOTTEN



• By Elizabeth George

Oh, the reckless love of God! Though every believer can relate to this popular song, these words are the loudest and truest in the life of Jonathan Edwards, a first year scholarship student at CFNI. Jonathan was born in New Zealand in 1993 and grew up there with his family. Even before he came out of the womb, the enemy had an assignment against his life. **Jonathan's umbilical cord was not only wrapped around his neck like a noose, but had a knot in it.** Miraculously, another umbilical cord had formed around the outside of the knot to keep him sustained in his mother's womb, which kept him alive. **At four years of age, he was already a victim of sexual and physical abuse, despite being born into a Christian household** with parents who served diligently at a Christian camp. Growing

up as one of the middle children in a family of eleven children, he was often abused and mistreated. Through the years he became bitter towards the church and ran to alcohol to medicate his depression and suicidal thoughts. His aunt, who was diagnosed with cancer, moved in with him and his family during his late teen years. He observed how she responded to the disease with praise and worship, and was unwavering in her belief. Jonathan became inspired by her faith in God, but it wasn't until later in life that he fully surrendered.

One night a few years later, Jonathan stood in his backyard with a noose around his neck, ready to end it all. He had experienced enough and decided God was not going to come through for him. Immediately a text message appeared on his phone from

his long-time friend asking him to come hang out. Jonathan attempted to resist his friend's invitation but his friend persisted. Jonathan told himself that if his friend then decided to text him that he would pick him up in 20 minutes to go hang out with him, then he would know it was God. Sure enough, the next text he received was this exact request.

After giving his life to the Lord, Jonathan, though hesitant at first, was able to attend CFNI after being offered a one-year scholarship. Since being enrolled at CFNI Jonathan has been set free from depression, bitterness, resentment, anger and addiction. He admits that he was convinced that God had given up on him, but after looking back through the years, he found that God had never left him. Oh, the overwhelming, never-ending love of God! It rescues and redeems.

VOICE OF HEALING CONFERENCE 2018

This year's Voice of Healing Conference was one of the best that we have had in many years. God used our three main speakers—**Todd White, Heidi Baker and Nathan Morris**—to ignite faith in the hearts of those who attended the conference. Yet it was more than our faith that was impacted by the incredible testimonies of God's healing power in the USA and overseas. We were all encouraged to go deeper in worship. The theme of intimacy was evident as each speaker took time to worship and love God before and during their sermon. You could tell that there was a personal, passionate love relationship with the Healer and not just for supernatural signs and wonders. The auditorium wasn't filled with mere conference-goers; it was filled with worshippers who sang praises and lifted up Jesus. There was an outpouring of the Holy Spirit in all main and break-out sessions. One of the night sessions ended close to midnight, because many people were filled with the Holy Spirit and didn't want to miss what God was doing. God healed many people physically, emotionally and spiritually.

"THROUGH YOUR YIELDED LIFE,
YOU BECOME THE FRAGRANCE OF CHRIST."

- HEIDI BAKER



"YOU HAVE TO BELIEVE THAT THE BLOOD OF JESUS WAS
ENOUGH, AND THAT IT'S STILL ENOUGH, NOT JUST WHEN YOU
GOT SAVED, BUT THAT IT'S STILL ENOUGH NOW!"

- Todd White

"WHEN A FIRE BURNS IN YOUR HEART, YOU JUST HAVE TO DO
WHAT GOD TELLS YOU TO DO."

- Nathan Morris





Todd White spoke so intricately about our identity as a child of God that there was no doubt about who we are in God. The content of his sermons was the simple gospel message that Jesus gave us, but it was packed with so much revelation about having a right relationship with God. His messages healed hearts and restored a deep sense of sonship and kingdom authority. Todd's personal testimony of deliverance from atheism and drug abuse was liberating and inspiring.

Heidi Baker is a rare gift in the Kingdom of God. Her surrendered life in Mozambique among orphans challenged us to love people, especially the less fortunate and to serve God in greater ways. Her ministry sessions were filled with encouraging testimonies of God doing many supernatural things in her ministry. She spoke selflessly and passionately about loving Jesus, and it filled the atmosphere. A fresh wave of spiritual hunger was released during her ministry time. Heidi's sensitivity and flexibility were obvious—she lingered in worship and flowed as God led her to pray for healing for many who were sick and afflicted.

Nathan Morris is a spiritual giant and a warrior for Christ in our generation. He preached with such boldness, conviction and uncompromising truth that the fire of God fell Friday night like we haven't seen in awhile. No one wanted to leave the rich presence of the Lord that filled the room. God used Nathan to walk through the aisles and pews to release a fresh anointing by the laying on of hands as the Scripture commands us to so do. His message on Kingdom authority was timely and riveting.

"GOD HAS A WAY OF BRINGING AN ANOINTING THAT IS UNIQUE FOR US, UNIQUE FOR OUR SITUATION AND IF WE DON'T GIVE UP, THE WORD SAYS THAT SOMEWHERE THERE'S A PLACE TO SET US FREE."

- Dr. Paula Burt, breakout session speaker



HEALING PLACE TESTIMONY

Remarkable Healing Takes Place After Receiving Prayer Over The Phone

For the last twelve years, Judith Mork had been taking seven medications for various illnesses. Since receiving prayer over the phone from Andrew Brown at the Healing Place on CFN's campus in June 2018, she is now being prescribed only two of the original seven prescriptions. She is no longer taking Sumatriptan because her migraines have stopped for the first time in twelve years. She has no need for her nerve pain medication, Nortriptyline, which had also been prescribed to her for the last twelve years. After four years of taking Savella to treat fibromyalgia and one year of Trokendi XR to treat the trembling in her hands and facial muscles, Judith is healed.

Autism Progressive Healing

"Hope all is well! My husband and I just wanted to give you some good news about Benjamin. He's been doing really well. He is answering his name and age when asked and he is also in the process of potty training now, which is going quite well. Today at our parenting meeting the BCBA said she doesn't like to predict the client's future but she believes Benjamin will be ready for Pre-K with regular kids. I was super excited to say the least!

Thank you for your prayers and please continue to pray.

The Martinez Family"

Cancer Healed

"I had a procedure on Friday. The growth was only a polyp, which they then removed. I just heard the biopsy report—it's benign! Praise the Lord!! Although I had wanted the growth to have disappeared, I have a great testimony that He, indeed, healed me. He is a wonderful Father.

Thank you for all the prayers and encouragement. The clean biopsy means more than you know as I had breast cancer 10 years ago. Your prayers meant a lot.

Blessings,
M.H."

IDEAS, EXERCISE & HEALTH

• By Melanie Pineros



Glen R. Luepnitz, Ph.D. completed his undergraduate studies in Philosophy and Education, and completed his doctorate in Nutritional Counseling. Glen lives in the Austin, Texas, area where he currently specializes in patient advocacy, nutraceutical product development, the biochemical impact on health, and nutritional oncology.

Today in America we are facing a critical time where we are pressed to examine what we believe as Christians and as a nation. Every day we are being challenged in our faith to line up the Word of God with our interactions with people. It is vital that we examine where our ideas come from.

Ideas are thoughts that come from every source of information. Ideas influence the way we live and they prompt us internally to question what we see and hear in society. Unless we critically examine and articulately discuss ideas, we are in trouble. We must be able to address those who challenge us. A key component of this process is being sensitive enough to be led by Holy Spirit, knowing when to speak and to be quiet because ideas have enormous consequences. When our culture projects imagery or words that go against biblical precepts, they are projecting secular ideas for Christians to believe. If we do not mentally take charge of what our eyes or ears are observing, we are undermining and weakening the foundation of our faith when we consciously or subconsciously accept these ideas.

Let's examine how cancer functions. When cancer cells are growing inside a body, the cells believe they are right and try to overtake the body.

A cancer cell has the inference that it is the correct cell type. **The level of deception that a tumor cell lives under is such that the body sees it and is deceived into believing that the cell structure could be good while it's slowly destroying the body.** The cancer cell is deceived into thinking it's correct, and the immune system follows suit. One bad idea can overtake the soul and ruin it just like one bad cell can overtake the body and ruin it. We must fight against invading lies of sickness and disease from the enemy. When taking authority over disease, pray that the immune system is no longer deceived; that it will see the truth, and recognize the cell's nature for what it is and destroy the disease. As long as the immune system is operating under a deceptive system, it cannot perform as it was designed. We weren't designed for disease, but for health. This is why specific, strategic prayer is necessary.

Now let's look at serotonin.

Serotonin's purpose in the body is to buffer the body's chemical response to its environment.

WE MUST FIGHT AGAINST INVADING LIES OF SICKNESS AND DISEASE FROM THE ENEMY.

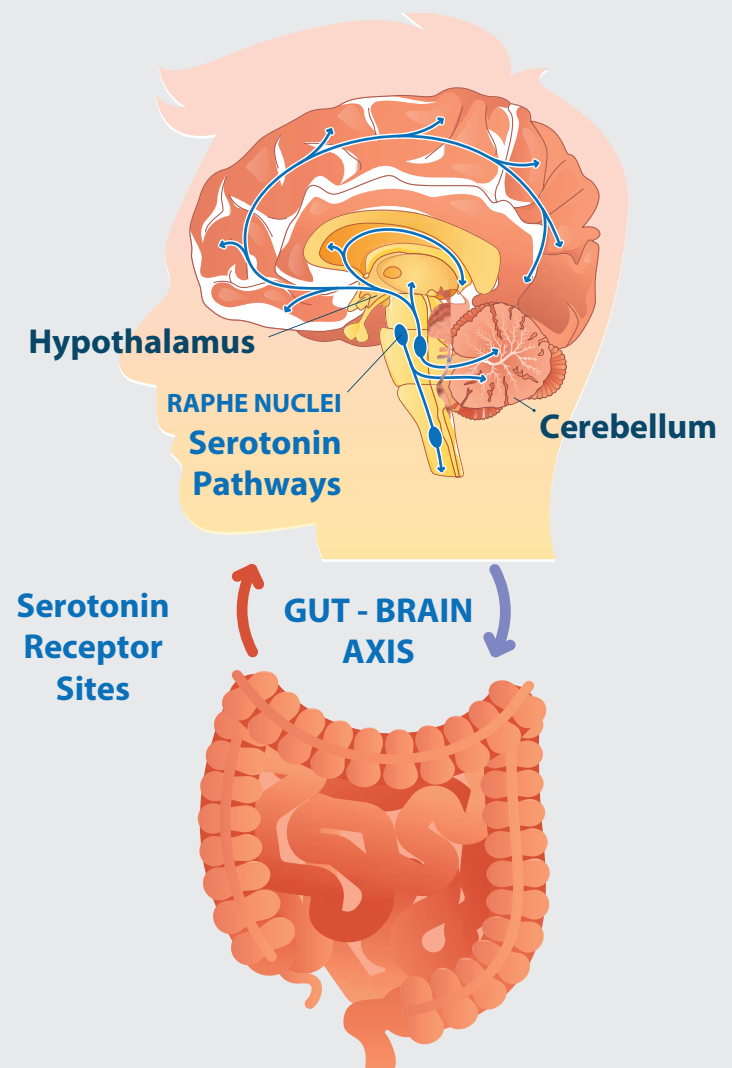
**WE ARE TO BEGIN OUR DAY WITH PRAISE AND WORSHIP
IN A SPIRIT OF GRATITUDE. THIS ACT OF PRAISING AND
GIVING THANKS SPARES OUR SEROTONIN.**

Genetics may also prevent the body from making serotonin effectively and efficiently. We need to ensure that our serotonin levels are high. This is where forming dedicated routines of life is key to the individual. God's Word challenges us to wake up every morning with joy. These are not mere suggestions, but rather commandments. We are to begin our day with praise and worship in a spirit of gratitude. This act of praising and giving thanks spares our serotonin. Let's not waste serotonin on chaos, on being irritable, cranky and ugly. Our attitude should be one of joy and thanksgiving, which prevents us from breaking our serotonin down and living in a deficit.

When we exercise, we crunch our core. Serotonin is made in the brain but stored in the gut. **When we receive a real hug we release all the serotonin in our system.** Our serotonergic and melatonergic receptors where we bind serotonin and melatonin are located all over our skin and throughout our gut. About 80% of serotonin receptor sites are located in the gut. When we go for a run or do exercise or crunch our core, we squeeze those receptor sites, releasing serotonin into the bloodstream and it floods our body. Exercise is one of our dedicated routines of life for serotonin.

Two and a half hours before sunset, our bodies begin to convert serotonin into melatonin. We make melatonin in the brain but store 400 times more melatonin across the tummy than what we have in our brain. We don't have to eat well or exercise, but we need to. We have 100% muscle insulin sensitivity in the 0-10 minute window post-exercise. All the sugar is going into the muscles and not the brain. The hallmark of Alzheimer's and dementia is an inability to control sugar in the brain, cholesterol and a lack of ability to control antioxidant stress within the brain. By eating a

colorful diet we are going to be able to manage some of these mechanisms. **If we avoid sugar, we're not going to develop insulin resistance over the course of our life resulting in a brain that cannot control sugar.** God made food. If it's clean, colorful and complex, eat it. The number one aspect of a good diet is exercise, not what we eat. If we move our bodies, we burn food. If we don't move, don't eat; if we move, eat. Exercise is something as simple as a 10 minute walk; just be active!





HELPING THOSE WHO NEED IT MOST



Photo above: Rescued daughters living and being discipled at Shepherd's Heart Orphanage in Sri Lanka.

Bottom: Distributing free literature at Palembang Church in Indonesia.

• By Randy Delp

Compassion ministries are about blessing those who are without, helping those who can't help themselves, and extending the love of Jesus to those who need it most. **Christ For The Nations has been involved in compassion ministries since 1948.** The Lindsay family initially started giving free literature to pastors and churches in developing countries. **Throughout the years, we have donated about 64,000,000 pieces of literature to 82 different countries.**

More recently, technological advances allow us to upload books and magazines into digital text and audio files, thus enabling us to distribute free literature at a faster, broader rate than ever before. Through this medium, Gordon Lindsay's books have been translated into 42 different languages. Out of the 195 sovereign nations, these electronic books and recordings have been downloaded in 186 countries. **To get your free copies of these booklets, simply go to cfn.org/literatureforthenations**

and download any of the ten Biblical Foundations Discipleship Series, then forward them to your friends and family. This will help those closest to you to maintain a solid understanding of the faith, salvation and discipleship by answering probing questions with biblical references.

Dr. Dennis Lindsay is preparing to release his latest book entitled, *The Zodiac, God's Master Plan Revealed in the Stars*, which follows his bestseller, *Giants, Fallen Angels and the Return of the Nephilim*. For

CFN's 70th anniversary, he wrote *Christ For The Nations Seventy Years of Ministry*, highlighting the twelve foundational pillars upon which Christ For The Nations was built. Over the past twenty-eight years, Dennis Lindsay has published twenty-four books with a primary focus on our supernatural Creator. **To get a list of Dr. Lindsay's books go to store.cfni.org/collections/dennis-lindsay and order your own personal copies.**

The heart of a compassion ministry is to preserve the next generation. **Saving young boys and girls from sex trafficking and giving them a safe and comfortable home is the best expression of love that one can give.** Psalm 68:5, 6 confirms that God is the Father to the fatherless and He places those who are lonely into families. He uses Christ For The Nations in this initiative to defend and rescue young children.

Last year we were able to help support eleven orphanages in eight different countries. Most of these caring centers are run by alumni who have graduated from Christ For The Nations in Dallas, and are giving their lives to help those who need it most. One such orphanage is in Sri Lanka where Woody and Melanie Blok oversee Shepherd's Heart Orphanage.

About sixteen years ago, the Bloks started with nothing except for a vision from the Lord. Today, they have a new building filled with the joy and excitement of eighteen girls who live in the residence. Two of the students are currently enrolled at Christ For The Nations in Dallas.

Lindianne Blok was adopted from the orphanage by the Blok family while Nalanidevi Sellaiya was a premier student excelling in all of her school subjects. Both girls would have been raised as Buddhists had the Bloks not taken them under their wings and secured them for the sake of Christ.

In addition to the orphanage in Sri Lanka, we currently send annual support to three orphanages in India, two in the Philippines, and one in Myanmar, Haiti, Romania, and Pakistan. Last year we also helped an orphanage in war-torn Ukraine.

According to Psalm 82:3, 4 (NLT) God will, "Give justice to the poor and the orphan; uphold the rights of the oppressed and the destitute. Rescue the poor and helpless; deliver them from the grasp of evil people." Children all over the world are being saved from poverty, homelessness and sex slavery. People like you who have a compassionate heart for orphans and are willing to help the little ones in developing countries give what they can to make life more comfortable for the least among us. This is a rewarding way of

celebrating this Christmas season. **Would you consider giving \$50 or more into these orphanages and help us to help those who need it most?**



Express your 'Merry Christmas' by making an online donation to our orphanages at cfni.org/orphanages.

May the Lord's blessings come to you this holiday season!



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64,000,000 PIECES
OF LITERATURE
TO 82 DIFFERENT COUNTRIES.**



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CHIEF OPERATING OFFICER UPDATE

The last twelve months have been one of the best seasons at CFNI. This might sound like a cliché to some, but for me it's not. I have been enjoying this season because God has been showing up at CFNI in ways that I have never seen in my ten years of working here.

Last October one of our instructors shared a clip of a sermon from well-known author and speaker Tommy Tenney and the presence of the Lord invaded the Institute. Most of our students didn't leave the lecture session for lunch. They stayed back with some of our faculty and we all had a powerful encounter with the Lord. Students were baptized in the Holy Spirit, spoke in new tongues, worshipped selflessly like they have never done before and surrendered deeper to God in prayer. It was a day I will never forget. I had a scheduled lunch with a guest, but because of what God was doing I changed my plan as well.

Since that time we have never been the same at CFNI. It's amazing how God can use one moment, one lecture session to unlock the supernatural and set us on a new path of divine encounters in His presence. He took us to a whole new level of anointing. What's even more impressive, and equally humbling is that God used the recording of a message from many, many years ago. None of us in the room could have taken credit for what happened. Nothing is wasted in the hands of God. He took the old and made it new!

Since then we have had to reschedule our classes to host moves of God. Our morning praise and worship sessions have been extended multiple times because the presence of the Lord was so strong. We have many testimonies of students and staff getting visions, dreams and having physical experiences that could only have come from God. I have also noticed the accompanying favor of God since the outpouring of His Spirit. New partnerships have been formed to help move some of our goals forward and God has sent key people to help us.

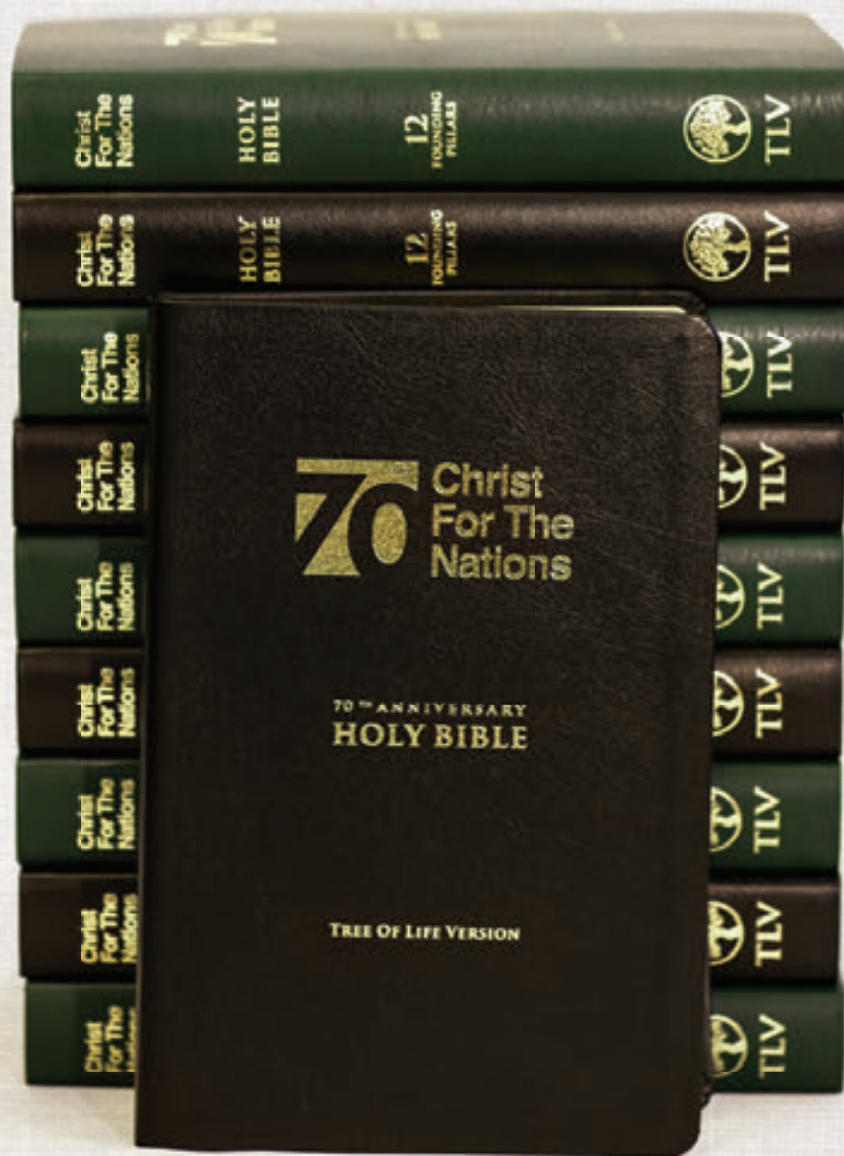
In this season of my life and leadership, I am learning to prioritize God's presence above everything else. God has been showing me highlights of Kings like Hezekiah and David who tore down idols, outlawed evil practices, and called the nation to worship God again. He is teaching me how to help rebuild and steward His presence at CFNI. We must have His presence because we can't do ministry without Him.

Have a great Christmas with your loved ones. Krissia and I thank you for praying for us. Our second child, Victoria, was born in October. Thank you also for contributing to the work of the Lord here at CFNI. As you enjoy the season, my prayer for you is that you keep Jesus at the center of everything you do and say.

Golan Lindsay

CFN 70TH ANNIVERSARY BIBLE

TREE OF LIFE VERSION (TLV)



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The back of the Bible includes *CFN 70 Years of Ministry* by Dr. Dennis Lindsay and the *Gordon Lindsay Story* DVD

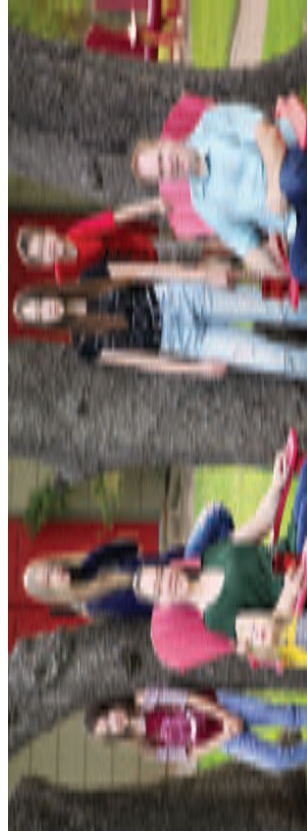
store.cfni.org



Hawni, Missy, Dennis, "JayJay", Ginger, Freeda, Krissia, Victoria and Golan.



Chandler, Julia, Marcus and Lauren Magann; Anna, Michael, Jason and Emily Lindsay; Shirley and Gilbert Lindsay; Marcy, Chad, Ryan and Allie Barton.



Kobi and Shani Ferguson, Nevaeh, Neshar, Lahav, Illit and Sela.



Ari and Shira Sorko-Ram.



Ayal, Suzie and Thea Sorko-Ram.

L I N D S A Y F A M I L Y

2019

JANUARY

FEBRUARY

MARCH

APRIL

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27	28	29	30	31				24	25	26	27	28	29	30	31					

MAY

JUNE

JULY

AUGUST

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SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

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29	30																			

TUESDAY NIGHT ENCOUNTER 7:00PM | IB

WORSHIP RECORDING

FMC ORDINATION

CFN ISRAEL TOUR

VOICE OF HEALING CONFERENCE

NIGHT OF WORSHIP 7:00PM

GRADUATION

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